



Aries represents a new beginning. The phase begins a new seven year cycle and brings about a fundamental re-purpose of your life. Toward the beginning of the phase you may be involved in some pivotal event, an event marking a kind of demarcation point. You may experience a kind of revolution in your psyche, a growth in awareness that puts you in a position in which you know you must change your life in some fundamental way. This could be associated with an experience that is transforming in some way, either difficult or enlightening or both. The Aries Phase is birth, the beginning of a 7-year journey. At the same time that you may be experiencing a revolution in your awareness of the necessity to radically alter your life, you may feel somewhat lost, looking for direction, looking for a new commitment in your life. You are seeking yet are frustrated. You feel that you must change your life, yet your attempts in some areas may appear to be frustrated. You are waiting to begin in some sense. What is present now in your life is not "it", yet you do not know what "it" is. There is a restlessness and frustration with present circumstances. You are thrashing about, unawares of your new course, looking to move forward and feeling frustrated that "life" does not seem to be working to satisfy your needs. You can't find your new purpose, your new identity, your new sense of self. You seem lost somehow, yet you may be impetuously doing what you feel you need to do to satisfy your needs. Your inhibitions and sense of what is appropriate and inappropriate may not be connecting. Your sense of fundamental dissatisfaction with your life may push you to moral dilemmas, to addictive pastimes, to reduced inhibitions. You are reorienting your life purpose, but your direction cannot be found. During the phase a new direction begins to emerge, a new purpose, a new beginning. You have to keep pushing, keep putting out, to make it happen, to have it emerge. You feel like you are moving through real resistance from the "world" or "life" to have this change occur, this new emergence or new beginning in your life. You may feel as if you are walking through mud. You cannot see the point at which the beginning will begin. In the yearly cycle, this phase is associated with spring, and like the struggle of new life in Spring, this phase is like the flowers having to push up through the ground.

The manifestation of this phase and any phase can be within any or all of the four aspects of life: career or work, relationship, physical well-being, and the personal or growth level. As you move through the phase, the re-purposing of your life begins to emerge, in any or all aspects of life; career or work, physical well-being and health, relationship, and the personal or growth aspect.

Taurus Phase



The Taurus Phase is the phase in which you must struggle with a fundamental sense of your worth or "worthiness" as an individual, your value as a person, or your sense of your self as deserving of respect and regard. These areas are very fundamentally challenged and confronted, again in one or all four of the aspects of life, career or work, relationship, personal or growth aspect, and physical well-being or health. A real crisis occurs, most often around the mid-point of the phase, which, with the mid-point of Leo, Scorpio, and Aquarius are very significant challenge points during the seven-year cycle. Taurus is a phase in which you are brought to earth, are humbled by the difficulty that life can really be. You are confronted with yourself as "of less worth" than you had previously experienced. This can operate at such levels as the loss of finances; as a confrontation with self as less deserving of appreciation, respect, and regard than you would have hoped; as confronted by health and physical well-being issues that threaten health; or as spurned or 'scorned' in some fashion by a close relationship or relationships, either really or within your own estimation. This phase can be a challenge of seeing where you may not have properly estimated the potential of life difficulties. This can be done without identifying with the failure of perception and without presuming you, as a person, are a failure. In the Aries Phase, you may have come to a new understanding, as yet not fully developed, as to what "life" is about. In Taurus, you are "tested" or confronted with a real need to "let go" of less successful or fulfilling ways in which you have lived your life, and of ways in which you have valued yourself that do not contribute to success or happiness. This is where an understanding that your character is different from your essential being can become essential. For it is with this phase where you are strongly challenged to reorient your life to one based on a greater understanding, even if the greater understanding is not yet clear. It is about finding and reorienting your life toward what you truly value. You are asked in some sense to change your character so that your destiny may change. It is within this phase where the opportunity to change your life occurs, where you can "get" religion in the sense of turning your life around and reorienting it.

This phase has to do with a most basic sense of what you own, i.e. your body, your money, your physical security, your fundamental sense of self-worth and worthiness. The losses felt are a necessary process in the reorientation to a more 'evolved' understanding of what you truly value, or as a mechanism for you to discover your true 'valuables' and resources and reorient your life toward them.

This sense of potentially your lowered self-esteem and self-worth you may feel is a kind of dark passage. It can occur at a physical level, feeling unacknowledged in relationship on a bodily level, sexually or with health issues. It can occur with a struggle with finances, a loss of money. It can occur at a personal level, feeling that you are fundamentally unworthy for transgressions of integrity or ethical norms or failures as a person. As you move through the turning points of the phase, you have the opportunity in the midst of the crisis to reorient your life to a more fundamental change, and to surrender your loss, or guilt, or self-concern, or desire for life to be different than it is. This phase challenges you, it tests your mettle, your willingness to change and move on.

Gemini Phase



During the previous phase of Taurus there was a reorientation in your life based upon a new or truer sense of what was truly valuable and self-valuing. In the Gemini Phase you must now struggle with the ramifications of that choice, with the 'new environment' of the psyche that the reorientation necessarily thrust you into. In this phase your struggle is with your most immediate environment and with your relationships in that environment. In this phase you may experience your most intimate relationships and your immediate environments, the circumstances where you work and where you live, as lacking something essential. You have a need for some sort of essential support, "friendship", intimacy or acknowledgment of your needs. You may establish other relationships and friendships at this time and explore those relationships and what they "mean" to you on some essential level. You struggle to understand your closest relationships and what you need in an intimate friendship, a heart friendship. You also explore your environment. The actual environment you may be in may not be 'it' in some fundamental sense. You have gained a new sense of self-hood, and you seek an intimacy of environment that supports this new self. There is a need to develop real and accurate perceptions of oneself and others and communicate them. You may feel extremely vulnerable during periods of this phase, struggling with the sense of feeling whether you are valued by others in your immediate environment. There may be more need for close personal friendship, and acknowledgment of those close to you. Once you have been 'brought down to earth' in the Taurus Phase and have lost some of your basic supports of your past life, in the third phase you move through a period in which greater self-understanding becomes critical. Issues will arise during this phase that force a close examination or scrutiny of the truer underlying motives or 'logic' of your character structure. In the second phase you 'lost' some of the 'things' you had held onto to 'worth' yourself and had undergone a resultant crises. In the Gemini Phase you get to take a closer look at the 'rational' and logic of your character. You come to a more thorough self-understanding. In the Taurus Phase you were 'asked' to relinquish some of those very basic 'things' with which you had 'worthed' yourself. In this phase you begin to look around for the new 'thing' that will 'worth' you. This phase is thus an exploratory time also. New projects, new ideas, new ventures come forth; yet fundamentally these 'projects' may prove to be short lived. The essential 'purpose' of this phase, if you will, is to allow a certain level of self-understanding to arise relative to 'how' you are and 'why'.

With the passage of the Taurus Phase you have chosen a new life and as a result must struggle to "get a grip on" what is going on. You may experience feeling quite lost. This forces a dependency upon close personal relationships as you steer your way to come to grips with your new world. Your 'self' is mutating through it's interaction with this new environment and world to which you have committed yourself. Your relations with others become important as a means of guidance, yet your relations with loved ones can become confusing as you attempt to understand what you feel you perceive to be true about their responsiveness or lack thereof. In the Gemini Phase you assimilate with this new environment, exploring it and being cast about emotionally as your old means of adapting no longer suffice.

Cancer Phase



The struggle in the Cancer Phase is to attain a sense of stability, security, a base from which to act in the world, and a sense of nurturance, which during this phase, can feel threatened. On a physical level it can be struggles with the body that threatens its stability or equilibrium. In the circumstances of your life, it could mean a sense of instability in the physical home of a person and the possible need to move, which can be considered and can often occur during this phase. This phase can also be a struggle to attain a basic sense of nurturance in your life, a sense of belonging to a community that nurtures your growth. The search can stem from the perception that you are not nurtured in your present circumstances, that you are on 'insecure' ground or are in an 'alien' environment. In this respect, this phase can be a revelation of the most basic needs that truly drive the unconscious behaviors of your character. This phase requires response as the environment seems to demand that you stabilize your "home" and sense of home, or your psychophysical "base". This sense of home is what you FEEL as home, rather than just being associated with your actual physical home circumstance. Thus it can actually be your work circumstance also. It is also a struggle with the sense of nurturing that you feel or rather don't feel in your life, and deep intuitions of these needs and their lack of fulfillment in your life may arise in order to be acted upon. This phase in some sense requires a commitment to new response-ability. You may find yourself overwhelmed with a sense of instability, feeling the need to defend that vulnerable center within yourself, the sense that you are not in a hospitable environment or among hospitable and nurturing people. It is a struggle with "finding" a sense of "home", of a "stable base" whether you move or not during this phase. (And often people find themselves moving or being very unsettled in their homes during this phase). This phase may manifest as a struggle with this sense of not having been nurtured and seeking ways to feel that nurturance. It can even manifest as the sense of threatening, arbitrary forces controlling your circumstance, keeping it from being stable and settled.

The experiences during this phase are of a lack of emotional security, with being vulnerable and needing to protect oneself, needing to establish a new sense of home, or of a relationship with nurturing energy. There may be the need to emotionally protect oneself because one does feel so vulnerable, so there is a self-protective mechanism that may be engendered. This phase seeks to establish a new set of circumstances or relationships that nurture. The need for nurturance may grow from a sense of isolation from others with whom you have been associated as community as a result of their inability to fully support your growth. In this phase you may discover or uncover deep needs that have been motivating your character and have not been fulfilled. The archetypal animal associated with Cancer is the crab and like the crab on the beach, individuals in this phase are defensive and vulnerable and constantly trying to dig down into the constantly shifting sands to secure a safe haven from the insecure environment in which they find themselves. Additionally, like the crab, you may find yourself burrowing deep within your psyche and into your most fundamental needs for intimacy and nurturance, those needs that drive you at core levels and understand them better.

The process of the Cancer Phase follows on the experiences of Gemini in "getting a grasp on" one's immediate environment, the new 'environment' in which you have been thrust by this new seven-year cycle. It is the process of establishing a psychophysical base, or home and community and because it is

a process the experience during this phase can be one in which you first feel uprooted (either literally or figuratively) and then are forced to endure a limbo state between one's previous sense of security and a new sense of security. As one writer put it, "The first stage of the essential Cancer experience is uprooting, abandonment of the security of background and upbringing. The next stage is the challenge of limbo, a sense of exclusion and isolation which must be endured until a new source of security is found and created, often a spiritual home, or a sense of belonging to some community."

Leo Phase



This phase is a struggle with your self expression in relationship with others. It is a struggle with a sense of needing acknowledgment or affirmation of self as a creative individual. It can be a struggle to assert your needs over against the resistance or the apparent resistance of others. This grows directly out of the struggle in the previous phase to commit to securing a more nurturing or emotionally connected relationship to life. In this phase, you begin to "express" your needs as a way of identifying who you are. Your needs appear to be the essence of who you are and you are no longer willing to suppress expression of them or yourself in a 'go along' way. The midpoint of this phase represents a "break" with a past of going along, and a break toward a future of more clearly defined needs in relation to others and yourself. It can be a period of struggle with others in determining what you truly need and struggling to express that to others. It is a break away from a more dependent past toward a more relational future, away from a more introverted life orientation toward a more relationally oriented future. There is a need for a sense of self-hood, identity as a separate individual operating under your own steam. The driving need is to identify your newer self over against your "older or lesser" self. Leo is about the identification of self through the expression of self. There can be a seeking for a sense of identity, a sense of a truer self. The phase may manifest as doing things that drive a sense of yourself and your needs as OK, whereas before you may have viewed aspects of yourself as not OK and not acknowledged. Your environment, as a manifestation of you, gives you the opportunity to find out that you are not who you have previously identified yourself to be and you struggle to express your sense of who you are truly. The midpoint of the phase is a break from holding the expression of who you are in check and expressing your identity forcefully in relation to others and their apparent dis-acknowledgement of you. The midpoint in this phase forces a fundamental change in orientation in your life often associated with actual physical changes in your circumstances. This midpoint crisis may be associated with an experience of feeling that who you are has been violated by others and that you must assert yourself in order not to lose your sense of identity, being, and self-hood.

In the Cancer Phase there was struggle to establish a ground, a place, a sense of security and home with which to move into relations with others. As that process completes itself, the Leo Phase then represents the struggle to individuate, to define oneself as an individual over against all others but with the necessity that others acknowledge this selfhood. "This is who I am, please acknowledge this" is one way this process might manifest. It can manifest in life as the necessity to express 'who one is' and 'what one's needs and life principals are' in relation to the perceived sense that 'others', whoever they may be, do not acknowledge these or actively dis-acknowledge these. One can appear arrogant, socially inept, dissociative, and aloof...yet it is the result that one is concentrated in the process of becoming self conscious.

Virgo Phase



The Virgo Phase necessitates a struggle with ordering your life in relation to the world. The process involves a humbling of oneself, often generally in confrontation with a life experience that may be humbling. There is an insecurity and anxiety relative to one's place in life and a necessity to order one's existence, to handle the necessary details and duties presented to one during this phase in order to 'get control' of one's destiny. There is a demand at this time to handle 'details', almost in a sense in preparation for a redefined relationship to a larger world. Health and career issues may arise that relate to 'things' that must be handled. The Leo phase emphasized a process of self definition, the seeking of self acknowledgment in relation to others. Virgo is a confrontation with practical necessities, quite divorced from the more abstract, idealized processes of self defining. In The Virgo Phase you face the demand to order your world in such a way as to accomplish very specific results. You may in some sense be attempting to 'tame' your circumstance, to deal with the very practical necessities of what is required to move on in your life.

This phase can be a struggle with discovering your true employment and service in relation to others. You have broken from an older idea of self-identity through the process of the Leo Phase and you are now struggling with how you should truly serve in your life and critically analyzing, sometimes in minute detail, how you have failed in the "service" or "employment" you had chosen. This also implies that this phase can be about a critical analysis of the failings of self. Others may be pointing this up to you, or you may be growingly aware of these "failures" in your own case. Yet the process is still exploratory as you struggle to find a truer employment for yourself, one that expresses a truer sense of who you are. This phase is also about critically analyzing your "faults" or failures, sometimes in minute detail. The Leo Phase was a self expression of your needs in relation to others and the Virgo Phase forces you to critically analyze or face what you may perceive to be your faults as a person, character, or human being. This phase also continues the process of leaving behind the past that existed prior to the "break" that occurred during the midpoint of the previous Leo Phase. This phase explores options for a new employment in the world, a new service. It can be a time of having to handle many details as you move toward a new employment situation, whether an actual new job situation or a new set of responsibilities. This can be a highly self-analytical time as you examine how you truly wish to relate to others, and how you have failed in your relations with others.

The astrological archetype is associated with harvest time. Thus the phase can be associated with a kind of karmic harvesting of what has been sown. The phase is often associated with the necessity of dealing with health issues that are the result of past abuse of health, either consciously or as part of past life choices. In employment or career it may be a time of reaping what has been sown in terms of issues that must now be dealt with practically and forthrightly. It can be a loss of stature relative to one's work situation as the results of past issues come forth to be dealt with, especially with regard to an inflated sense of one's importance or position.

Virgo is the last phase in the six-phase process of individuation and differentiation that began with The Aries Phase. During The Virgo Phase, the process of distinguishing yourself as a separate individuated identity over against others begins to diffuse or break down in preparation for the next six phase process

that begins in the Libra Phase, the process of oneself in relation to the demands of 'the world'. As stated by Robert Hand in his book Horoscope Symbols: The first six phases of the process "traced the formation of the individual from the first assertion of individuality in Aries to the complete individual in Leo, and concluded in Virgo with the first realization of an external necessity to which rampant individuality must be somewhat subject."

Libra Phase



The Libra Phase is the first phase in the 6-phase process of reintegration of the individual with the larger “public” environment, after the process of defining a new individuated existence has been completed during the previous phases of the present seven-year cycle. In the Libra Phase, one is confronted with crisis with that larger social environment. It may be in any form, yet it often comes in the form of a greater responsibility demanded of one to respond to a circumstance of life that is essentially more demanding, and can be disillusioning and overwhelming. It is a confrontation with that demand and need to 'rebalance' the scales of one's sense of harmony with the environment. The confrontation can come in many forms, a divorce, a health crisis, a demanding new job, whatever. Yet it is always a confrontation with those ideals of 'harmonious life' that one may strive for, idealistically or hopefully. In looking closely at the process of the phase one can discern the roots of these confrontations in one's actions previous to this phase, actions that may have been more egocentrically based and thus 'required' a balancing. The world one confronts in the Libra Phase is thus a 'fallen' world, a world that does not fit the visions of harmony, cooperation, support, and mutual love that one long looks for. A world that is 'out of balance'. The circumstances of this world demand one respond, and one struggles to attain a balance that seems out of reach.

This phase is the struggle with the demands made upon you by the environment in which you exist. This environment is in essence 'the great otherness' and can manifest as a struggle in your relations with others, as well as with any 'other', such as even your own body as in the case of illness. The phase entails working out a balance with the otherness in your world. But it can also manifest as a struggle with circumstances that arise in your life that make great demands upon you. These circumstances can be illness, legal issues, or struggle with demands being made by others in your social environment. This archetype is also associated with balance and the scales of blind justice and is related to balancing your desires against the consequences of fulfilling those desires. This phase is one in which ill-considered choices made in the past that disregarded potential consequences can come home to roost. You may find yourself having to deal with the consequences of those choices socially or personally or even physically. This period can be a kind of payback time for excesses in your behavior and actions, a time when you are faced with the consequences of your actions that were not balanced with nature, others, or social existence. So this phase has this larger 'environment' confronting you dramatically with demands that must be dealt with (The archetypal Libra is blind justice holding the scales). It is the struggle with your responsiveness to others, with partnering arrangements, with social intimacies and social cooperation. You will often find yourself in conflict with the 'environment' in which you exist. Remember that this environment is any otherness, possibly including your own body. You may seem to place yourself in the line of fire relative to others confrontation of you by your need to "balance" your relationship with them. The struggle is thus with the attempt to balance your cooperative relationships. Demands upon you may appear to be great. During this phase you seem to be resistant to others, and to the demands of 'any other' and to their apparent imposition upon you in various perceived ways.

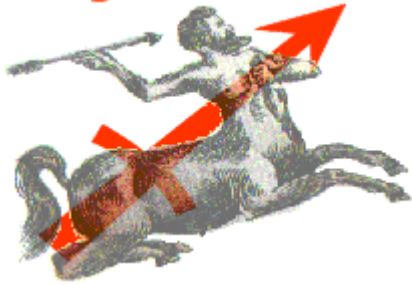
Scorpio Phase



The Scorpio Phase involves a process of purification by the demands that are being made upon you that require you to move DOWN into a depth of feeling that opens you up. The level of emotions are primitive and intense, and as one writer puts it, in Scorpio "to go up, you have to go down". It involves the necessity to give up the sense of you in any way being in control of 'your life'. You are in a sense controlled by forces greater than you and, in some archetypal sense, out to destroy you if you are incapable of 'submitting' to the process of "letting go" that is required. This can seem very difficult to do, as the "forces" seem very persuasive and seem to demand attention, even require it. These experiences may happen in any kind of actual life circumstance. Two examples are the completion of graduate school in which the student was completely overwhelmed with the final requirements for completing his degree. It felt to him like a mythic struggle to submit to the final necessities, involving a level of self transcendence unknown to him at the time. Another example is a person who, during the Libra Phase, discovered he had a disease that he felt to be potentially life threatening, and at a minimum, reducing his expectations of long, healthy life. This moved him into an intense emotional process that brought him down into primitive and base level fears that involved a tremendous submission and self transcendence to move beyond.

A further description of this phase is that you struggle to come to terms with some of your most basic fears, with circumstances and conditions that threaten you very fundamentally and emotionally, that bring up your most intense vulnerability and sense of overwhelm. It is your struggle to reorient away from being controlled by your reaction to these demands and perceived threats. The sense of threat and struggle with forces "out of your control" can be quite overwhelming during this phase. The archetype of Scorpio is associated with great forces in nature that tend to overwhelm the sense of individual power or control. You will find yourself in situations where the demand upon you (often prior to the mid-point) is very intense and often seems to be quite overwhelming. The larger environment of your life, i.e. your relationships or just life in general, appears to be threatening to you, appears to be demanding more than you are willing to give. The powers that appear to confront you may seem to devalue you greatly, or appears to threaten your sense of being in any kind of ultimate control in your life. At the midpoint you face a crisis with these forces or powers that are demanding so much energy and attention. At this time life demands great sacrifices in order to incarnate a new direction or reorientation, just as it did after the midpoints of the Taurus and Leo phases. It is very difficult, yet you have no choice, there is no going back after this break with the past and toward that something new, as yet unexplored. Those things in your environment that appear to be making such intense and unyielding demands upon your very self-hood can range from work/career situations and persons in those situations to health issues which may fundamentally threaten bodily existence, or obsessive fears or impulses. The experience is of your present sense of selfhood being overwhelmed or having it's integrity threatened. At a minimum it may be the experience of your sense of selfhood being fundamentally dis-acknowledged. This phase is the opposite of the Taurus phase and can be seen as it's complement in many ways. These two phases are often experienced as the most difficult personally during the seven year cycle because they have to do with such intense struggle with how one values oneself, or with how one views oneself as being "of value" in life and relationships. They both demand a self transcendence, an incarnation of 'spiritual' strength at a very basic level. You must choose to grow and to not allow these forces of despair or threat to overwhelm your greater intelligence and understanding.

Sagittarius Phase



The process of The Sagittarius Phase is moving from the depth of experience demanded during the Scorpio Phase to a greater understanding of the purpose of one's life. It is a process of overcoming the 'on the edge' experience of the Scorpio Phase with an intuition of a greater purpose to which one can give oneself or on which one bases one's life. Scorpio took you through a process of necessary self transcendence by bringing you down to a level of instinctual survival, or gut level doggedness through the sometimes-exhausting demands of the phase. Sagittarius, still very much aware of the process through which you have been drawn, moves you through another process of looking for purposes as opposed to simply 'making it through'. If you were confronted with one or several very specific sets of environmental demands during the Scorpio Phase, these demands become less overwhelming as you move through Sagittarius and discover purpose for yourself, gain a greater or more summary understanding of what life HAS to be about for you now, especially since coming through Scorpio. The Sagittarius Phase may involve you with explorations for the discovery of truths, either about very specific things that you are looking to participate with, but more subtly so with your life in general.

The struggle in the Sagittarius Phase is with gaining a greater understanding of the 'new rules of the game' that you must now play under as a result of the previous lessons during this seven-year cycle. The reorientation in Scorpio began to free you at some fundamental level from some very basic fears or allowed you to face some of your worst fears head on, and oriented you toward a larger and more expansive purpose for your life. This phase is about exploring the various ideals upon which to base action. In this phase you may become more clarified in the purposes in your life you wish to commit to and give energy to. You may find 'new religion' in this phase in the sense that you become clarified in your understanding of rules by which you must now play the game of life. You gain an understanding in this phase of the 'meaning' of your past life experience and your need to find a new basis on which to live your life. As opposed to the Gemini phase (which is opposite to and the complement of the Sagittarius phase), it is not just your more immediate environment and the relations therein that you are exploring, but a more expanded and expansive realm of ideas and purposive action. The Sagittarius Phase is a broader exploration of the "principals" on which you wish to base your life. It is about a need for finding direction, for understanding the rules of the game, finding purpose, understanding self. This phase is when you begin to get a sense of what the 'game' of life is truly about at this point in your development and in this seven-year cycle. The 'principals' on which you base your life are in some sense the 'rules' you discover about what make life work and doesn't work. During this phase you establish the principals that will govern your actions as you move into the next phase. The exploration of these new 'rules' or principles impinged upon you as a result of the struggle of the previous phases and grow out of the experiences with those struggles. If, for example, the experience of the struggle were with an illness, this phase forces an exploration of what the lesson of that illness is and of the rules for your life that must now be incarnated to accommodate the lesson.

Capricorn Phase



In the Capricorn Phase the struggle is with commitment and incarnation within the "social institutions" you choose to participate. In Sagittarius you have acquired some sense of fundamental purpose based on your understanding of what your life should be about. In the Capricorn Phase, you move through a phase of incarnating that purpose, struggling to establish order within the environments within which you function, to fit in with the social structures of your environments. A serious disposition is required to establish yourself within these social frameworks, and a sense of having to assume responsibility for yourself in ways heretofore unknown in order to accomplish the tasks in front of you. The milieu in which you are operating may appear to be chaotic and unstructured and thus demanding your serious and responsive participation.

You may also experience the sense of having to struggle greatly with chaotic forces, untamed forces that require 'structuring', either internally and/or externally within the social milieu. Thus the perceived structuring that is required may be of your own internal desires and motives in order to respond effectively to the apparently chaotic, and thus threatening, external milieu. The commitments that are made with this phase are undertaken by choice, though, for you have been moved to build something of value, to control and commit yourself in order to accomplish this. You could be committing to anything, a new relationship, a new job, a social group and its purposes. Whatever it is, it is demanding a 'response-able' disposition, a disposition that 'up to the challenge' of this 'unstructured' situation

The struggle in this phase is to incarnate or to act on the new rules of the game you gained some understanding of during the previous phase. This phase is thus about a very practical struggle with commitment. It can be an intense struggle to incarnate a commitment, to 'do it', so to speak after the prior phase of exploration. You may find yourself in a new career situation or relationship situation that requires "doing it" very intensely, whatever "doing it" may mean for you. It is a phase that requires a strong response. Yet because the character of this phase is grounded, it can have the quality of being very no nonsense, in the sense of committed action as opposed to idea and exploration. It is the 'do it' phase of the seven year cycle, and may require intense energy and concentration of effort in order to truly commit. It is about the need for committing to a life goal. The struggle is for commitment in a very specific way based upon the rules of action that you have gained some understanding of as necessary. It is commitment in the social realm that is important to you, or within a set of ground rules within which you have felt compelled to participate. The principal you have chosen to base your life on and the commitment that is the result of that principal demands conscious effort at this time. The struggle may be with those things in your environment and in your psyche that seem determined to undermine your effort in this struggle with commitment. The phase is also in some sense about 'gaining control' over the lessons of the previous phases. You begin to get a clear direction, clarity about what to commit action and effort to as life purpose. You may establish discipline and responsibility over areas of your life for whom you have been struggling. You may begin to gain a sense of control over your direction in life.

Aquarius Phase



In The Aquarius Phase a process of discontent develops, and the need to break from the confines or strictures that one has put oneself in. The social milieu or social mores, or, more to the point, the social position you have accepted as your own is not satisfactory. You seek a revolution, a breaking away to a new you, yet still within the society or group social structure within which you participate. You seek an acknowledgment of yourself within this social sphere as a unique individual. You seek progress for yourself, to grow, to evolve, to become more. You seek a new position, and this can literally be the case if you seek a new job. Aquarius is one of the phases processes whose midpoints represent a 'breakpoint' for your life, a point of destruction/creation, as do the midpoint of the phases Taurus, Leo, and Scorpio. These points require a breaking away from old structures, and thus a destruction of old structures through the process of the phase. In Aquarius that destruction is of the sense of yourself as relegated to a certain social position or to a certain perspective on yourself as only being able to 'go so far'. Aquarius is a time of personal revolution within the context of your participation within the social sphere. It is a kind of culmination within the overall process of your integration within the larger social context that began as a process within the confrontation of The Libra Phase. In this phase you evolve to the highest level of social participation, and yet within that evolution you are breaking away to a more personal expression of your own uniqueness as an individual within the social milieu.

This phase is about the struggle to express your personal uniqueness in the larger social realm in which you exist based on the commitment and sense of direction you gained in the previous phase. It is discovering the need to move from a more social incarnation to a more unique personal expression within the social realm. This phase is a life reorientation phase as you go through the midpoint. The Capricorn phase just preceding this one required a struggle with commitment. As you move into the Aquarius phase you begin to rub up against those situations in your social environments that appear inhibiting to your sense of unique self expression. You begin to see how situations within your total environment inhibit your sense of freedom and self expression within the social sphere. As you pass the midpoint, the reorientation becomes intense and you begin to feel that your environment is literally pushing you to make a break. You may find during this phase that you will be disacknowledged in some way in your desire to express your more personal self-hood and you will need to make a break from this dis-acknowledgment to a situation in which you are able to incarnate a more uniquely personal self-expression within the social realm. You will take action to incarnate a circumstance that allows this more personalized expression of yourself after the midpoint "break". This may come as a kind of "funk this" moment. This phase embodies the struggle with personal freedom over against social norm or expected behavior. As a result of commitments made during the previous phase you wrestle with the need to express your individuality within the social realm. You discover the limiting or inhibiting nature of situations that you presently exist in and begin the process of breaking with them, especially as you move into and past the midpoint crises.

Pisces Phase



In The Pisces Phase you may be confronted with a set of circumstances that undermine and disillusion your sense of yourself. You may be buffeted about as the old circumstances or arrangements of your life begin to die out and new ones take their place. The process is one of dissolution and transcendence. Dissolution of old ways of being/doing/acting/perceiving, and the seed process of different ways. There is both a looking back at the past in the sense of wishing it had been different, and of looking to the future with a hope or faith in 'the process' or God or philosophy to which you subscribe. You may experience yourself as if riding a wave and not knowing it's destination, knowing that the old ways won't cut it, yet not knowing what will. These experiences may arise in both work and relationship situations, as with all the phases. The process of Pisces is a dissolution process for the beginning of a new cycle beginning with The Aries Phase. It is also a seed process, a process of germinating a seed of new selfhood or being that will germinate in Aries. Thus in the Pisces Phase, regardless of the apparent nebulousness or strangeness of the situation you may find yourself in, there is a definite sense of a new you that it is necessary to assert in the face of demands being made upon you.

This phase is a struggle with flowing along with a stream of circumstance, ungrounded, unsure of the appropriate response to make yet feeling that you must assert yourself in the face of demands from others. It may also be a time of disorientation and confusion within an environment or set of circumstances that are new and confusing. This phase is exploratory after the reorientation of the preceding Aquarian phase. In the Aquarius phase you reoriented yourself toward incarnating a circumstance in which you could more uniquely express who you are and now you find yourself in a process of riding a wave of circumstance in a situation that is unfamiliar, somewhat overwhelming, and that demands a level of faith on your part that the choices you made will 'work themselves out'. It is like you are in this disorienting or overwhelming current and you do not have a clear sense of being in control, in fact it's often like being out of control and you have to depend on faith that the circumstance will become more clarified and yet it is clear that the experiences of this phase are the obvious consequences of the break that occurred during the Aquarius Phase. You are being called to express yourself in a way that may feel quite self transcending to you since you are being called to express yourself in ways and in circumstances with which you are unfamiliar. Your struggle is to maintain a faith amid this confusing, often bewildering time.

This phase can also be seen as the need for serving one's ideal, for merging with one's ideal, for operating on faith. The essence is sacrifice of self to serve a 'greater cause'. This phase serves one's own ideals through self sacrifice to social service and self expression in the social realm. This phase can be felt as a kind of emotional-perceptual overwhelm. The phase demands going beyond yourself for an as yet unseen ideal. Pisces represents sacrificial social participation, giving oneself over to a cause, sacrifice of self to an ideal, merging with an ideal, transparent, and self- transcending service.